

# Establishing a Working Alliance that works!

Creating an effective and appropriate working alliance, when first meeting a client, plays a crucial part in determining a positive outcome for therapeutic work. Often insufficient attention is paid to key factors which need to be negotiated between the client and therapist. This short 3 hour workshop will help you explore what you need to do to get your therapeutic work off to the best start. Participation in the day will allow you to:

- Identify the three key components of an effective working alliance, which work with any counselling modality
- Explore how the working alliance is best negotiated and potential difficulties
- Consider other variables which may contribute to effectiveness

**Each group is limited to a maximum of 6 participants to allow opportunities for personal exploration**

## Course Information

<b>Trainer:</b>	Steven Wells, BACP (Accred.) and UKCP Registered Psychotherapist, supervisor and trainer—with over 25 years' experience of training counsellors and facilitating personal development groups
<b>Venue:</b>	South-east London / Croydon— 5 minutes from Selhurst Station
<b>Dates and Times Available:</b>	Sunday 12th November, 2:00—5:00pm 3 hours CPD, certificates provided
<b>Costs</b>	£40.00 Payable at time of booking and subject to cancellation policy
<b>Additional Information:</b>	Light refreshments provided.
<b>Enquiries and Bookings:</b>	Email: <a href="mailto:counsellorsteven@gmail.com">counsellorsteven@gmail.com</a> Telephone: 020 8683 0116 Website: <a href="http://www.stevenwellscounselling.co.uk">www.stevenwellscounselling.co.uk</a>

